

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
07:30	<b>Arrival day</b> PowerPoint Presentation Induction and Orientation	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up	
07:45-08:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
09:00-10:30		<b>English test and Information</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>Full-Day Excursion to London</b>	<b>Full-Day Excursion to Portsmouth</b>
10:30-11:00			Break	Break	Break	Break	Break	Break		
11:00-12:30		(High Season only)	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>	<b>English Lesson</b>		
12:30-13:30		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch		
13:45-14:30		<b>Half-Day Excursion to Bournemouth</b>	<b>Aeroball</b>	<b>Benchball</b>	<b>Football</b>	<b>Team building</b>	<b>Jurassic Coast walk to Durlston Country Park including Castle, Lighthouse, Caves, Globe</b>	<b>After School Clubs</b>		
14:30-15:15			<b>Dodgeball</b>	<b>Hockey</b>	<b>Swimming</b>	<b>Volleyball</b>				
15:15-15:30			Break	Break	Break	Break				
15:30-16:15			<b>Basketball</b>	<b>Team sports</b>	<b>Relay Games</b>	<b>Tennis</b>				
16:15-17:00			<b>Gym Training</b>	<b>Team sports</b>	<b>Table Tennis</b>	<b>Badminton</b>				
17:30-18:30										
18:30-19:15	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner		
20:15-22:30	<b>Evening Activities</b>	<b>Evening Activities</b>	<b>Evening Activities</b>	<b>Evening Activities</b>	<b>Evening Activities</b>	<b>Evening Activities</b>	<b>Evening Activities</b>	<b>Evening Activities</b>	<b>Evening Activities</b>	
22:45	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	