

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
07:30	Arrival day PowerPoint Presentation Induction and Orientation	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up	
07:45-08:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
09:00-10:30		English test and Information	English Lesson	English Lesson	English Lesson	English Lesson	English Lesson	English Lesson	Full-Day Excursion to London	Full-Day Excursion to Portsmouth
10:30-11:00			Break	Break	Break	Break	Break	Break		
11:00-12:30		(High Season only)	English Lesson	English Lesson	English Lesson	English Lesson	English Lesson	English Lesson		
12:30-13:30		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch		
13:45-14:30		Half-Day Excursion to Bournemouth	Aeroball	Benchball	Football	Team building	Jurassic Coast walk to Durlston Country Park including Castle, Lighthouse, Caves, Globe	After School Clubs		
14:30-15:15			Dodgeball	Hockey	Swimming	Volleyball				
15:15-15:30			Break	Break	Break	Break				
15:30-16:15			Basketball	Team sports	Relay Games	Tennis				
16:15-17:00			Gym Training	Team sports	Table Tennis	Badminton				
17:30-18:30										
18:30-19:15	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner		
20:15-22:30	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	
22:45	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	